

CLASIFICACIÓN 5K

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	RITMO	SEXO	CATEGORÍA
1	33	PEDRO JAVIER VEGA BALLESTEROS	Club de Atletismo Soliss San Ildefonso	00:15:06	3:01	M (1)	M40 (1)
2	6	PABLO IBAÑEZ INCLAN	Universidad Oviedo	00:15:26	3:05	M (2)	M35 (1)
3	7	EMILIO PEREZ GROBA	ADAS CUPA	00:15:29	3:05	M (3)	M35 (2)
4	9	CRISTIAN BENITEZ SANCHEZ	CA Marbella del Sol	00:15:33	3:06	M (4)	M35 (3)
5	53	GUILLERMO GARCIA GARCIA	C.A. Fisiorama	00:15:34	3:06	M (5)	M40 (2)
6	22	MARCO GARCIA BRANDIDO	Cerezal Team	00:15:37	3:07	M (6)	M35 (4)
7	34	GONTZAL BILBAO PEREZ	Atletismo Santurtzi	00:15:38	3:07	M (7)	M40 (3)
8	35	ALVARO PRESEDO FRAGUIO	Marineda Atletico	00:15:39	3:07	M (8)	M40 (4)
9	36	ANTONIO TEIJIDO LOPEZ	CCA Ria de Foz	00:15:41	3:08	M (9)	M40 (5)
10	62	AMADOR PENA TORREIRA	Atletismo Obradoiro	00:15:49	3:09	M (10)	M45 (1)
11	26	JOSE ENRIQUE BLANCO MILLARA	INDEPENDIENTE	00:15:49	3:09	M (11)	M35 (5)
12	4	ALEJO ARES PRADA	ADAS CUPA	00:15:50	3:09	M (12)	M35 (6)
13	64	HUGO TURIENZO GONZALEZ	VinoToro CRural	00:15:56	3:11	M (13)	M45 (2)
14	12	JUAN ALBERTO RIVEIRO LAMPON	Club Atletismo SAR	00:15:57	3:11	M (14)	M35 (7)
15	68	ESTEBAN DIAZ PEREZ	Club Atletismo Naron	00:15:59	3:11	M (15)	M45 (3)
16	24	BORJA NOUCHE LOPEZ	Club Atletismo Tambre	00:15:59	3:11	M (16)	M35 (8)
17	10	NICOLAS ARROJO FERNANDEZ	Lucus Caixa Rural Galega	00:16:02	3:12	M (17)	M35 (9)
18	37	DAMIAN ARAUJO PEREZ	Marineda Atletico	00:16:04	3:12	M (18)	M40 (6)
19	86	RUBEN ALVARO OLMEDA	Union Atletica CUA	00:16:04	3:12	M (19)	M45 (4)
20	98	JUAN FRANCISCO FERNANDEZ RUBIO	CA Saturno Daimiel	00:16:05	3:12	M (20)	M50 (1)
21	14	JON UNZUETA LATXA	Super Amara BAT	00:16:09	3:13	M (21)	M35 (10)
22	11	JAVIER GARCIA GONZALEZ	Piloña Deporte	00:16:11	3:14	M (22)	M35 (11)
23	97	MANUEL CARLOS OUTON BESADA	Atletismo Inca	00:16:13	3:14	M (23)	M50 (2)
24	23	MIGUEL ALADRO CASTAÑEDA	Cerezal Team	00:16:15	3:14	M (24)	M35 (12)
25	95	VICTOR RAMON PEÑA MARTINEZ	Atlético Polanco	00:16:22	3:16	M (25)	M50 (3)
26	63	ALBERTO MARIÑO RIAL	SD Compostela Atletismo	00:16:22	3:16	M (26)	M45 (5)
27	8	ANTON GOMEZ GONZALEZ	R.C. Celta	00:16:23	3:16	M (27)	M35 (13)
28	123	EDUARDO PASCUAL VERDU CALABUIG	Atletismo Albacete	00:16:25	3:16	M (28)	M50 (4)
29	25	MANUEL ORTEGA IÑESTA	Cerezal Team	00:16:30	3:17	M (29)	M35 (14)
30	71	Marcos Pereira Paz	Llanera Atletismo	00:16:32	3:18	M (30)	M45 (6)

EMESPORTS.ES EMESPORTS.ES EMESPORTS.ES



CLASIFICACIÓN 5K

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	RITMO	SEXO	CATEGORÍA
31	101	JOSE ANGEL SAÑUDO SUBIRI	Atlético Polanco	00:16:32	3:18	M (31)	M50 (5)
32	85	JONATHAN GARCIA PUENTE	Cerezal Team	00:16:35	3:18	M (32)	M45 (7)
33	69	JACI AUGUSTO MELLO BIRKHAN	SD Compostela Atletismo	00:16:37	3:19	M (33)	M45 (8)
34	66	IVAN MARIN PEREZ	Atletismo Briviesca-Norpetrol	00:16:40	3:19	M (34)	M45 (9)
35	39	JUAN JOSE GARCIA QUINTANA	SCD Ribadesella	00:16:43	3:20	M (35)	M40 (7)
36	96	OSCAR FERNANDEZ SANTAMARIA	Atlético Polanco	00:16:43	3:20	M (36)	M50 (6)
37	13	GUILLELME DENÍS CASTILLO CARBALLA	ADAS CUPA	00:16:44	3:20	M (37)	M35 (15)
38	138	FRANCISCO JAVIER ANDRADE CHACON	CA Saturno Daimiel	00:16:44	3:20	M (38)	M50 (7)
39	105	ANTONIO GODOY CARO	Pratenc AA	00:16:45	3:20	M (39)	M50 (8)
40	128	DAVID BELVER MUÑOZ	Cerezal Team	00:16:46	3:21	M (40)	M50 (9)
41	61	JUAN ALBERTO CARRASCAL MORALES	Atletismo Santurtzi	00:16:46	3:21	M (41)	M45 (10)
42	49	PEDRO ROJO FRIAS	Image FDR	00:16:49	3:21	M (42)	M40 (8)
43	92	CRISTIAN DIAZ LORENZO	ADAS CUPA	00:16:50	3:21	M (43)	M45 (11)
44	15	Fabian Amado Espasandin	SD Compostela Atletismo	00:16:52	3:22	M (44)	M35 (16)
45	55	DAVID LOPEZ RAMOS	C.A. Fisiorama	00:16:54	3:22	M (45)	M40 (9)
46	44	ARITZ ARAZURI ECHEVERRIA	Atletismo Santurtzi	00:16:57	3:23	M (46)	M40 (10)
47	87	SERGIO GARCIA RODRIGUEZ	CD BIOSBARDO	00:16:57	3:23	M (47)	M45 (12)
48	124	JAVIER MIER ALONSO	Cerezal Team	00:16:58	3:23	M (48)	M50 (10)
49	100	XABIER DIAZ FERNANDEZ	Lucus Caixa Rural Galega	00:16:59	3:23	M (49)	M50 (11)
50	57	RUBEN MARTINEZ BARREIRO	C.A. Fisiorama	00:17:01	3:24	M (50)	M40 (11)
51	40	FERNANDO PEREZ FERNANDEZ	Ferrol Atletismo	00:17:01	3:24	M (51)	M40 (12)
52	70	JUAN JOSÉ ÁLVAREZ CURES	ADAS CUPA	00:17:03	3:24	M (52)	M45 (13)
53	165	JOSE NERCELLAS MENDEZ	ADAS CUPA	00:17:03	3:24	M (53)	M55 (1)
54	126	FRANCISCO LOPEZ DE DIOS	Cerezal Team	00:17:03	3:24	M (54)	M50 (12)
55	27	XACOBE FONTAN MARTINEZ	Club Atletismo SAR	00:17:06	3:25	M (55)	M35 (17)
56	54	ROBERTO RUBEN JIMENEZ GALLEGO	VinoToro CRural	00:17:08	3:25	M (56)	M40 (13)
57	30	Alberto Jose Rodriguez Gallego	CLUB DEPORTIVO O CASTAÑAL- ALCABRE	00:17:08	3:25	M (57)	M35 (18)
58	129	DIEGO LOPEZ HERREROS	Atletismo Albacete	00:17:09	3:25	M (58)	M50 (13)
59	38	PABLO CAMINO CASADO	SCD Ribadesella	00:17:09	3:25	M (59)	M40 (14)
60	142	DIEGO LARA GARCIA	At Campisur	00:17:09	3:25	M (60)	M55 (2)

EMESPORTS.ES EMESPORTS.ES EMESPORTS.ES



CLASIFICACIÓN 5K

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	RITMO	SEXO	CATEGORÍA
61	141	JOSE ANGEL PEREZ LORENZO	Sporting Calvià	00:17:10	3:25	M (61)	M55 (3)
62	136	LUIS OSCAR LOPEZ GABELA	C.A. Fisiorama	00:17:12	3:26	M (62)	M50 (14)
63	21	MOISÉS GONZÁLEZ FRANCISCO	INDEPENDIENTE	00:17:12	3:26	M (63)	M35 (19)
64	18	JOSE ANTONIO PARDIÑAS MALLÓN	SD Compostela Atletismo	00:17:13	3:26	M (64)	M35 (20)
65	16	CARLOS FRAGA ADRIO	SD Compostela Atletismo	00:17:13	3:26	M (65)	M35 (21)
66	131	EDUARDO VAZQUEZ GUTIERREZ	C.A. Fisiorama	00:17:15	3:26	M (66)	M50 (15)
67	175	SILVINO EVARISTO LOPEZ RAMOS	VinoToro CRural	00:17:16	3:27	M (67)	M60 (1)
68	148	EMILIO MONTILLA FERNANDEZ	CD BIOSBARDO	00:17:18	3:27	M (68)	M55 (4)
69	72	JOSE SANDA ARES	SD Compostela Atletismo	00:17:23	3:28	M (69)	M45 (14)
70	29	JESUS SAINZ TRESGUERRAS	Club Atletismo SAR	00:17:26	3:29	M (70)	M35 (22)
71	45	ROBERTO MARTINEZ CASTRO	CD Pinarium	00:17:26	3:29	M (71)	M40 (15)
72	77	ALBERTO PEREIRA FARIÑA	SD Compostela Atletismo	00:17:27	3:29	M (72)	M45 (15)
73	19	CARLOS ECHEPARE MATA	Image FDR	00:17:29	3:29	M (73)	M35 (23)
74	48	SIMON MIGUEL HURTADO	Image FDR	00:17:30	3:29	M (74)	M40 (16)
75	102	JOSE CARLOS FERREIRA GONZALEZ	SD Compostela Atletismo	00:17:31	3:30	M (75)	M50 (16)
76	172	FRANCISCO JAVIER FONTANEDA PEREZ	Durango Kirol Taldea	00:17:31	3:30	M (76)	M60 (2)
77	114	JOSE MARIA DIAZ ROIG	Atletismo Inca	00:17:32	3:30	M (77)	M50 (17)
78	58	AARON ARIAS GARCIA	C.A. Fisiorama	00:17:35	3:30	M (78)	M40 (17)
79	32	SERGI BERNAUS TOSQUELLA	Lleida UA	00:17:38	3:31	M (79)	M40 (18)
80	43	ANTONIO ÁLVAREZ COSTAS	CD Pinarium	00:17:39	3:31	M (80)	M40 (19)
81	132	SERGIO CORDERO FERNÁNDEZ	C.A. Fisiorama	00:17:44	3:32	M (81)	M50 (18)
82	56	NICOLAS FERNANDO BAS ROTH	Club Atletismo Sada	00:17:44	3:32	M (82)	M40 (20)
83	75	ALBERTO CARLOS ASENSIO CAMPAZAS	ADAS CUPA	00:17:46	3:33	M (83)	M45 (16)
84	110	MANUEL ENRIQUE ESTEVEZ GARCIA	ADAS CUPA	00:17:50	3:33	M (84)	M50 (19)
85	107	HUGO BAENA JIMENEZ	Club RFB Boadilla	00:17:51	3:34	M (85)	M50 (20)
86	145	RAMÓN DANIEL SERANTES GOMEZ	Marineda Atletico	00:17:52	3:34	M (86)	M55 (5)
87	109	JOSE ANGEL LOPEZ VILLAR	Egovarros de Viveiro	00:17:52	3:34	M (87)	M50 (21)
88	176	MANUEL DOMINGUEZ DURAN	Atletismo Orippo	00:17:55	3:34	M (88)	M60 (3)
89	51	MARCOS GARCIA SOÑORA	Atletismo Noia	00:17:56	3:35	M (89)	M40 (21)
90	41	GUILLERMO SAN ROMÁN ALLER	C.A. Fisiorama	00:17:59	3:35	M (90)	M40 (22)

EMESPORTS.ES EMESPORTS.ES EMESPORTS.ES



CLASIFICACIÓN 5K

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	RITMO	SEXO	CATEGORÍA
91	47	EDER VIDAL MARTIN	INDEPENDIENTE	00:18:00	3:35	M (91)	M40 (23)
92	198	FRANCISCO GARCIA LOPEZ	E.A. Majadahonda	00:18:01	3:36	M (92)	M65 (1)
93	108	ANDRES RODRIGUEZ DOMINGUEZ	CD Pinarium	00:18:04	3:36	M (93)	M50 (22)
94	173	MIGUEL ANGEL ENCINA JIMENEZ DE VICUÑA	Goierri Garaia	00:18:07	3:37	M (94)	M60 (4)
95	**252**	**ESTHER RODRIGUEZ DIEZ**	**ADAS CUPA**	**00:18:07**	**3:37**	**F (1)**	**F45 (1)**
96	130	FERNANDO GARCIA MARTINEZ	Atletismo Albacete	00:18:08	3:37	M (95)	M50 (23)
97	153	MARIO RAFAEL BALSA	SD Compostela Atletismo	00:18:11	3:38	M (96)	M55 (6)
98	83	MARCIAL ANIBAL BARCA ESPAÑA	Club Atletismo Sada	00:18:14	3:38	M (97)	M45 (17)
99	151	ROBERTO GARRIDO RUIZ	VinoToro CRural	00:18:15	3:38	M (98)	M55 (7)
100	167	FERNANDO GONZALEZ POUSA	Atletismo Obradoiro	00:18:17	3:39	M (99)	M55 (8)
101	89	MIGUEL REGUEIRA VEIGA	RUNNING OLEIROS	00:18:20	3:39	M (100)	M45 (18)
102	106	MIGUEL ANGEL PEREZ PEREZ	Olympus 21 Tenerife	00:18:20	3:39	M (101)	M50 (24)
103	31	MARTIN VIDAL LORENZO	SD Compostela Atletismo	00:18:20	3:39	M (102)	M35 (24)
104	79	JOSE LUIS ROSENDE FUENTES	Club Atletismo Tambre	00:18:21	3:40	M (103)	M45 (19)
105	116	BITTOR ZAMORANO CASILLAS	Atletico Getxo	00:18:22	3:40	M (104)	M50 (25)
106	120	LUIS LOPEZ VAZQUEZ	CA Guitiriz	00:18:23	3:40	M (105)	M50 (26)
107	76	DAVID MARTINEZ MELLADO	SD Compostela Atletismo	00:18:26	3:41	M (106)	M45 (20)
108	154	CARLOS CABO BLANCO	SD Compostela Atletismo	00:18:27	3:41	M (107)	M55 (9)
109	190	ABELARDO MARTINEZ SANCHEZ	Atletismo Albacete	00:18:29	3:41	M (108)	M60 (5)
110	78	ANGEL JOSE GARCIA DIAZ	Ciudad Peñaranda	00:18:32	3:42	M (109)	M45 (21)
111	208	ARLINDO RIVEIRO RODRIGUEZ	CLUB DEPORTIVO O CASTAÑAL- ALCABRE	00:18:33	3:42	M (110)	M65 (2)
112	82	JOSE ANTONIO FERNANDEZ RODRIGUEZ	SD Compostela Atletismo	00:18:33	3:42	M (111)	M45 (22)
113	118	JUAN JOSÉ MUÑOZ ACUÑA	VinoToro CRural	00:18:34	3:42	M (112)	M50 (27)
114	59	AMANCIO RAÑA RECOUSO	Club Atletismo Tambre	00:18:35	3:42	M (113)	M40 (24)
115	**237**	**LORETO PACHO PASTRANA**	**ADAS CUPA**	**00:18:36**	**3:43**	**F (2)**	**F35 (1)**
116	20	JULIO FERNANDEZ FREIRE	Nosportlimit	00:18:40	3:43	M (114)	M35 (25)
117	180	ALFONSO PINA CASIMIRO	Artunduaga	00:18:41	3:44	M (115)	M60 (6)
118	189	ANGEL LEBRERO SUAREZ	SS. Reyes - CC. Menorca	00:18:42	3:44	M (116)	M60 (7)
119	113	JOSE MANUEL GARCIA PEREZ	ADAS CUPA	00:18:43	3:44	M (117)	M50 (28)
120	111	ISRAEL BENITEZ SOMOZA	El Canario	00:18:44	3:44	M (118)	M50 (29)

EMESPORTS.ES EMESPORTS.ES EMESPORTS.ES



CLASIFICACIÓN 5K

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	RITMO	SEXO	CATEGORÍA
121	**266**	**MARIA SOLEDAD AURORA LEIRO LOPEZ**	**SD Compostela Atletismo**	**00:18:44**	**3:44**	**F (3)**	**F50 (1)**
122	133	EMILIO GARCIA VAZQUEZ	SD Compostela Atletismo	00:18:44	3:44	M (119)	M50 (30)
123	**233**	**Mª ISABEL SANCHEZ-PASCUALA CALLAU**	**C.A. Carnicas Serrano**	**00:18:45**	**3:44**	**F (4)**	**F35 (2)**
124	**247**	**MARÍA DEL PILAR GARCIA DIAZ**	**Ciudad Peñaranda**	**00:18:50**	**3:45**	**F (5)**	**F40 (1)**
125	177	JESUS MARIA REMIREZ IRISARRI	ATLETISMO LODOSA	00:18:51	3:46	M (120)	M60 (8)
126	112	OSCAR ALBERICH GARCIA	Pratenc AA	00:18:51	3:46	M (121)	M50 (31)
127	146	JUAN CARLOS FERNÁNDEZ LAGO	Club Atletismo SAR	00:18:54	3:46	M (122)	M55 (10)
128	**241**	**ESTHER CRUZ SANCHEZ**	**JA Montcada**	**00:18:54**	**3:46**	**F (6)**	**F40 (2)**
129	91	RUBEN PENAS GARCIA	Club Atletismo Tambre	00:18:54	3:46	M (123)	M45 (23)
130	**251**	**ANA BELEN BERNALTE INCERTIS**	**Union Atletica CUA**	**00:18:55**	**3:46**	**F (7)**	**F45 (2)**
131	**232**	**TERESA PARRADO PINAQUE**	**CA Santiago**	**00:18:55**	**3:46**	**F (8)**	**F35 (3)**
132	137	JORGE VILLANUEVA CORTEZON	Atletismo Briviesca-Norpetrol	00:18:56	3:47	M (124)	M50 (32)
133	117	MANUEL FERNANDEZ DE TORO	CA Veteranos de Samil	00:18:58	3:47	M (125)	M50 (33)
134	17	IVAN PARDAL COCA	CA Santiago	00:18:58	3:47	M (126)	M35 (26)
135	156	ANTONIO VÁZQUEZ TOURÓN	SD Compostela Atletismo	00:19:02	3:48	M (127)	M55 (11)
136	191	ANTONIO ZAFRA NAVARRO	Atletismo Albacete	00:19:02	3:48	M (128)	M60 (9)
137	155	GERARDO RAPOSO BUJAN	Lucus Caixa Rural Galega	00:19:05	3:48	M (129)	M55 (12)
138	178	JUAN CARLOS DIAZ JIMENEZ	Atletismo Orippo	00:19:14	3:50	M (130)	M60 (10)
139	**244**	**NOELIA MIGUEL BARAJAS**	**Cárcoba - Ribamontán al Mar**	**00:19:18**	**3:51**	**F (9)**	**F40 (3)**
140	**238**	**MARTA GARCIA GARCIA**	**C.A. Fisiorama**	**00:19:19**	**3:51**	**F (10)**	**F35 (4)**
141	158	ANGEL MANUEL FERNANDEZ VIDAL	SD Compostela Atletismo	00:19:20	3:51	M (131)	M55 (13)
142	199	MANUEL SUAREZ MARTINEZ	CA Veteranos de Samil	00:19:22	3:52	M (132)	M65 (3)
143	152	GREGORIO MURCIANO DE LA FUENTE	Atletica Avilesina	00:19:26	3:53	M (133)	M55 (14)
144	119	JAVIER LOPEZ PASCUAL	Atletismo Seseña	00:19:28	3:53	M (134)	M50 (34)
145	179	JESÚS SANTOS BOO	SD Compostela Atletismo	00:19:30	3:53	M (135)	M60 (11)
146	**255**	**SONIA CARRERAS PONS**	**Lô Esport Menorca**	**00:19:31**	**3:54**	**F (11)**	**F45 (3)**
147	204	FRANCISCO JAVIER CEPEDA GACIO	SD Compostela Atletismo	00:19:34	3:54	M (136)	M65 (4)
148	192	JUAN IGNACIO LOPEZ LOPEZ	Atletismo Albacete	00:19:37	3:55	M (137)	M60 (12)
149	157	MANUEL PAREDES PARADA	Atletica Barbanza	00:19:44	3:56	M (138)	M55 (15)
150	84	David Fernández García	CA Millaraio	00:19:46	3:57	M (139)	M45 (24)

EMESPORTS.ES EMESPORTS.ES EMESPORTS.ES



CLASIFICACIÓN 5K

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	RITMO	SEXO	CATEGORÍA
151	209	CIPRIANO BENITO BALLESTEROS	Dawako Athletics C.D.	00:19:49	3:57	M (140)	M65 (5)
152	**254**	**BEATRIZ BARROSO PEREZ**	**Atletismo Noia**	**00:19:50**	**3:57**	**F (12)**	**F45 (4)**
153	**239**	**MARTA LLORCA RODRIGUEZ**	**ADAS CUPA**	**00:19:51**	**3:58**	**F (13)**	**F35 (5)**
154	183	LUIS HERNANDEZ ESTEVEZ	Artunduaga	00:19:56	3:59	M (141)	M60 (13)
155	**265**	**CAROLINA CAPDEVILA GUTIERREZ**	**Univ Leon Sprint Atletismo**	**00:19:59**	**3:59**	**F (14)**	**F50 (2)**
156	**267**	**MARIA ISABEL SIXTO TATO**	**LEA La Blanca**	**00:20:02**	**4:00**	**F (15)**	**F50 (3)**
157	197	JOSE ANTONIO MORALES ROBLES	E.A. Majadahonda	00:20:03	4:00	M (142)	M65 (6)
158	**274**	**SONIA DE LA CALLE GOMEZ**	**C.A.J. Blume**	**00:20:04**	**4:00**	**F (16)**	**F55 (1)**
159	202	MANUEL SERRANO ESPINOSA	Atletico Novelda	00:20:10	4:01	M (143)	M65 (7)
160	168	JUAN PEDRO SANZ COCA	CD MATARO PEREZ	00:20:11	4:02	M (144)	M55 (16)
161	196	DAVID CESTER VIDAL	UGE Badalona	00:20:13	4:02	M (145)	M60 (14)
162	159	GERMAN PEÑA HERNANDEZ	Club Aguere Tenerife	00:20:14	4:02	M (146)	M55 (17)
163	**276**	**AMADA DE JESUS SANCHEZ RIVERO**	**Club Aguere Tenerife**	**00:20:15**	**4:02**	**F (17)**	**F55 (2)**
164	**246**	**ANA MARTINEZ MARTINEZ**	**CA Serres Runners**	**00:20:19**	**4:03**	**F (18)**	**F40 (4)**
165	**275**	**INES PAPIN ESTEVEZ**	**Dawako Athletics C.D.**	**00:20:22**	**4:04**	**F (19)**	**F55 (3)**
166	205	FEDERICO EDMUNDO SOTOMAYOR CABRERA	Track Cross Road Team	00:20:25	4:04	M (147)	M65 (8)
167	**261**	**IRIA FERNANDEZ FONTENLA**	**ADAS CUPA**	**00:20:28**	**4:05**	**F (20)**	**F45 (5)**
168	194	JULIO JOSE SOUTO DIZ	Club Atletismo Sada	00:20:30	4:05	M (148)	M60 (15)
169	182	JESÚS BARRAL SANCHEZ	SD Compostela Atletismo	00:20:31	4:06	M (149)	M60 (16)
170	203	ERNESTO RENUNCIO PEÑA	Universidad de Burgos	00:20:35	4:06	M (150)	M65 (9)
171	160	JUAN LUIS AMIGO FERREIRO	SD Compostela Atletismo	00:20:35	4:06	M (151)	M55 (18)
172	**257**	**MARTINA TASENDE ANDRADE**	**ADAS CUPA**	**00:20:36**	**4:07**	**F (21)**	**F45 (6)**
173	201	ABEL CASTAÑARES PEREZ DE HEREDIA	Artunduaga	00:20:38	4:07	M (152)	M65 (10)
174	140	Javier Camba Rodríguez	INDEPENDIENTE	00:20:40	4:07	M (153)	M50 (35)
175	211	GUSTAVO GOMEZ GUERRA	A.D. Marathon	00:20:41	4:08	M (154)	M70 (1)
176	185	JOSE LUIS RIO SILVA	RUNNING OLEIROS	00:20:43	4:08	M (155)	M60 (17)
177	**258**	**ELISA VANESA BLANCO REY**	**Atletismo Noia**	**00:20:44**	**4:08**	**F (22)**	**F45 (7)**
178	**291**	**MARIA DEL CARMEN LLORENA PRATS**	**CD Atletismo Tarancón**	**00:20:44**	**4:08**	**F (23)**	**F60 (1)**
179	221	JESUS VICARIO PEÑA	VinoToro CRural	00:20:45	4:08	M (156)	M70 (2)
180	**269**	**REBECA SOTO VIÑAS**	**Club Atletismo Sada**	**00:20:47**	**4:09**	**F (24)**	**F50 (4)**

EMESPORTS.ES EMESPORTS.ES EMESPORTS.ES



CLASIFICACIÓN 5K

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	RITMO	SEXO	CATEGORÍA
181	**263**	**ELENA LEDO LOPEZ**	**ADAS CUPA**	**00:20:49**	**4:09**	**F (25)**	**F45 (8)**
182	164	MARIO GOMEZ PRADO	Basauriko Kukurrustu KK	00:20:51	4:10	M (157)	M55 (19)
183	139	OSCAR SANTISTEBAN HERRERO	Lô Esport Menorca	00:20:52	4:10	M (158)	M50 (36)
184	**268**	**NOELIA PAPIN ESTEVEZ**	**Dawako Athletics C.D.**	**00:20:54**	**4:10**	**F (26)**	**F50 (5)**
185	121	MANUEL COSTA CASTRO	SD Compostela Atletismo	00:20:54	4:10	M (159)	M50 (37)
186	**248**	**MARTINA LOPEZ GESTAL**	**SD Compostela Atletismo**	**00:20:56**	**4:11**	**F (27)**	**F40 (5)**
187	**297**	**MARIA ESTHER PEDROSA CARRETE**	**Dawako Athletics C.D.**	**00:20:58**	**4:11**	**F (28)**	**F65 (1)**
188	**235**	**NURIA MEJUTO FERNANDEZ**	**SD Compostela Atletismo**	**00:21:07**	**4:13**	**F (29)**	**F35 (6)**
189	212	DOMINGO ALVAREZ RODRIGUEZ	Burgas Orense	00:21:09	4:13	M (160)	M70 (3)
190	193	JOSE LUIS PRIETO FERNANDEZ	Cerezal Team	00:21:09	4:13	M (161)	M60 (18)
191	**259**	**MARÍA TARRÍO MARTÍNEZ**	**SD Compostela Atletismo**	**00:21:09**	**4:13**	**F (30)**	**F45 (9)**
192	210	MIGUEL DIEZ GARCIA	INDEPENDIENTE	00:21:14	4:14	M (162)	M65 (11)
193	222	XOSE LUIS OTERO CEPEDA	CA Santiago	00:21:17	4:15	M (163)	M75 (1)
194	171	SANTIAGO MARTINEZ GARCIA-BLANCO	CD Atletismo Tarancón	00:21:22	4:16	M (164)	M60 (19)
195	162	JOSÉ LUIS HERNÁNDEZ CALERO	Travertoro	00:21:24	4:16	M (165)	M55 (20)
196	195	JAVIER ESCARTIN MUR	Atletismo Pomez Barbastro	00:21:28	4:17	M (166)	M60 (20)
197	**298**	**JANE WICKHAM ESSERY**	**CEA Tenerife 1984**	**00:21:32**	**4:18**	**F (31)**	**F65 (2)**
198	213	PABLO FERVENZA ENTENZA	Atmo. Samertolameu	00:21:32	4:18	M (167)	M70 (4)
199	**278**	**ANA ESTHER FIDALGO ALVAREZ**	**CD MATARO PEREZ**	**00:21:37**	**4:19**	**F (32)**	**F55 (4)**
200	186	FRANCISCO SANMARCO SANTOS	Club Atletismo SAR	00:21:42	4:20	M (168)	M60 (21)
201	184	JUAN JOSE BARBERA CASILLAS	E.A. Majadahonda	00:21:48	4:21	M (169)	M60 (22)
202	219	JOSE MANUEL GONZALEZ MARTINEZ	SCD Ribadesella	00:21:50	4:21	M (170)	M70 (5)
203	**277**	**BLANCA BLANCO JUBETE**	**Atletica Avilesina**	**00:21:56**	**4:23**	**F (33)**	**F55 (5)**
204	**281**	**ROCIO DIAZ MESA**	**SD Compostela Atletismo**	**00:22:01**	**4:24**	**F (34)**	**F55 (6)**
205	**249**	**JACQUELINE REBOLO DEMARCO**	**Club de Atletismo Soliss San Ildefonso**	**00:22:02**	**4:24**	**F (35)**	**F40 (6)**
206	187	EMILIO RAMÓN FERNÁNDEZ RODRÍGUEZ	SD Compostela Atletismo	00:22:04	4:24	M (171)	M60 (23)
207	**293**	**MARIA SOLEDAD CASTRO SOLIÑO**	**Comesaña Sporting Club**	**00:22:08**	**4:25**	**F (36)**	**F60 (2)**
208	**240**	**AMIRA SIMÓN MARTÍNEZ**	**SD Compostela Atletismo**	**00:22:11**	**4:26**	**F (37)**	**F35 (7)**
209	**262**	**MARÍA DEL MAR CAMARERO PINTO**	**Olympus 21 Tenerife**	**00:22:16**	**4:27**	**F (38)**	**F45 (10)**
210	218	J. MANUEL RODRIGUEZ CARAMES	Atletismo Porrino	00:22:18	4:27	M (172)	M70 (6)

EMESPORTS.ES EMESPORTS.ES EMESPORTS.ES



CLASIFICACIÓN 5K

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	RITMO	SEXO	CATEGORÍA
211	214	JOSE JARDON LÓPEZ	CA Veteranos de Samil	00:22:19	4:27	M (173)	M70 (7)
212	**260**	**EVELIA ALBA JORGE**	**Club Aguere Tenerife**	**00:22:21**	**4:28**	**F (39)**	**F45 (11)**
213	188	RUFINO FERNANDEZ TRASANCOS	Egovarros de Viveiro	00:22:44	4:32	M (174)	M60 (24)
214	**264**	**TERESA DIESTE VILAS**	**CD BIOSBARDO**	**00:22:46**	**4:33**	**F (40)**	**F45 (12)**
215	226	OSCAR CALVE SAN JUAN	Maraton Rioja	00:22:48	4:33	M (175)	M75 (2)
216	**288**	**NANCI VIVIANA CAAMAÑO LAGO**	**Club Atletismo SAR**	**00:22:55**	**4:34**	**F (41)**	**F55 (7)**
217	215	EVARISTO GARCIA DOMENECH	INDEPENDIENTE	00:23:10	4:37	M (176)	M70 (8)
218	**279**	**MARIA TERESA CASTRO VILLAVERDE**	**Atletismo Noia**	**00:23:18**	**4:39**	**F (42)**	**F55 (8)**
219	**271**	**LETICIA OTERO ALVAREZ**	**Cerezal Team**	**00:23:21**	**4:40**	**F (43)**	**F50 (6)**
220	**283**	**CATALINA CARDONA SINTES**	**Lô Esport Menorca**	**00:23:24**	**4:40**	**F (44)**	**F55 (9)**
221	**280**	**MARGARITA CHIVO VAZQUEZ**	**Atletismo Seseña**	**00:23:25**	**4:40**	**F (45)**	**F55 (10)**
222	**285**	**ANA MARIA VELASCO TEJERA**	**San Pedro Atletismo**	**00:23:27**	**4:41**	**F (46)**	**F55 (11)**
223	217	MANUEL CALVO GERARDI	Club Atletismo SAR	00:23:43	4:44	M (177)	M70 (9)
224	220	MANUEL GARCIA LOPEZ	Atletismo Albacete	00:23:47	4:45	M (178)	M70 (10)
225	**273**	**BEATRIZ ESCARDA GONZALEZ**	**Cárcoba - Ribamontán al Mar**	**00:23:58**	**4:47**	**F (47)**	**F50 (7)**
226	207	MANUEL BELLO GARCIA	INDEPENDIENTE	00:24:02	4:48	M (179)	M65 (12)
227	**284**	**PILAR BARREIRO SENRA**	**Club Atletismo Sada**	**00:24:07**	**4:49**	**F (48)**	**F55 (12)**
228	**302**	**MARIA CARMEN RODRIGUEZ DEL RIO**	**SD Compostela Atletismo**	**00:24:26**	**4:53**	**F (49)**	**F70 (1)**
229	223	JOSE FERNANDO SAINZ GARCIA	Club Atletismo SAR	00:24:33	4:54	M (180)	M75 (3)
230	216	MIGUEL HERNANDEZ BORREGO	CA Veteranos de Samil	00:24:40	4:55	M (181)	M70 (11)
231	224	DOMINGO ALVAREZ IGLESIAS	Egovarros de Viveiro	00:24:42	4:56	M (182)	M75 (4)
232	**250**	**MARÍA ÁNGELES VAL DEL RÍO**	**CA Millaraio**	**00:24:42**	**4:56**	**F (50)**	**F45 (13)**
233	**270**	**LORETO SAMBADE LESTON**	**Triki Team**	**00:24:43**	**4:56**	**F (51)**	**F50 (8)**
234	**289**	**AURORA ARRIETE CASTAÑEDA**	**Atletismo Chiclana**	**00:24:48**	**4:57**	**F (52)**	**F60 (3)**
235	**301**	**MARIA DE LOS ANGELES RODRIGUEZ DEL RIO**	**Atletica a Silva**	**00:26:15**	**5:14**	**F (53)**	**F65 (3)**
236	229	JESUS MARIA TURISO PEÑA	Atlético España de Cueto	00:26:48	5:21	M (183)	M75 (5)
237	**300**	**Mª ANGELES RIPOLL PERNAS**	**Club Atletismo Sada**	**00:26:49**	**5:21**	**F (54)**	**F65 (4)**
238	**303**	**SARA BARREIRA BLANCO**	**RUNNING OLEIROS**	**00:26:51**	**5:22**	**F (55)**	**F70 (2)**
239	225	FRANCISCO GUIJARRO MOLINA	Atmo. Donostiarrak	00:26:56	5:23	M (184)	M75 (6)
240	**305**	**MILAGROS ALVAREZ PARIENTE**	**Cerezal Team**	**00:27:15**	**5:26**	**F (56)**	**F75 (1)**

EMESPORTS.ES EMESPORTS.ES EMESPORTS.ES



CLASIFICACIÓN 5K

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	RITMO	SEXO	CATEGORÍA
241	230	MANUEL MÍLLARA BLANCO	Comesaña Sporting Club	00:27:41	5:32	M (185)	M80 (1)
242	**295**	**CARMEN PINTO MONTES**	**SS. Reyes - CC. Menorca**	**00:27:49**	**5:33**	**F (57)**	**F60 (4)**
243	227	J. ROBERTO REY GONZALEZ	CA Veteranos de Samil	00:28:32	5:42	M (186)	M75 (7)
244	**304**	**BEGOÑA DE DE ARRIBA BELLOGIN**	**Egovarros de Viveiro**	**00:29:24**	**5:52**	**F (58)**	**F70 (3)**

Total: 244

EMESPORTS.ES EMESPORTS.ES EMESPORTS.ES