


# CLASIFICACIÓN 5K

| PTO | DOR | NOMBRE | CLUB | T.OFICIAL | TC1 | SEXO | CATEGORÍA | LOCAL |
|---|---|---|---|---|---|---|---|---|
| 1 | 782 | MENDOZA MÍGUEZ, BEDILU | MILER RUNNING CLUB | 00:15:10 | 00:06:28 (1) | M (1) | ABSOLUTA-5K M (1) | |
| 2 | 652 | GARCÍA LLORENA, JESÚS | CDA TARANCÓN | 00:15:36 | 00:06:30 (2) | M (2) | ABSOLUTA-5K M (2) | |
| 3 | 699 | SESAR MÍGUEZ, ADRIÁN | CLUB ATLETISMO PINO | 00:15:44 | 00:06:32 (3) | M (3) | ABSOLUTA-5K M (3) | |
| 4 | 755 | TUÑAS MANEIRO, HUGO | A.D. FOGAR | 00:16:18 | 00:06:47 (5) | M (4) | SUB-16 M (1) | |
| 5 | 681 | CASTRO TIELES, ELOY | SD COMPOSTELA ATLETISMO | 00:16:30 | 00:06:54 (7) | M (5) | ABSOLUTA-5K M (4) | |
| 6 | 713 | MIGUENS SOLANA, MARTÍ | ATLETISMO OBRADOIRO | 00:16:32 | 00:06:51 (6) | M (6) | SUB-18 M (1) | |
| 7 | 715 | FUENTES SOSA, MAURO | CLUB ATLETISMO TAMBRE | 00:16:37 | 00:07:03 (8) | M (7) | SUB-18 M (2) | |
| 8 | 698 | VILA MARIÑO, ABEL | BERANGO ATLETISMO | 00:17:07 | 00:06:45 (4) | M (8) | ABSOLUTA-5K M (5) | |
| 9 | 643 | VIDAL VÁZQUEZ, MATEO | TRIBU TRAIL | 00:17:07 | 00:07:19 (14) | M (9) | ABSOLUTA-5K M (6) | |
| 10 | 690 | IGLESIAS TURNES, YAGO | CLUB ATLETISMO NOIA | 00:17:16 | 00:07:34 (16) | M (10) | ABSOLUTA-5K M (7) | |
| 11 | 742 | FURELOS CALDAS, HUGO | ATLETISMO +9 MORAÑA | 00:17:19 | 00:07:18 (12) | M (11) | SUB-16 M (2) | |
| 12 | 787 | GÁNDARA GUEDE, LEO | SD COMPOSTELA ATLETISMO | 00:17:19 | 00:07:18 (10) | M (12) | ABSOLUTA-5K M (8) | |
| 13 | 650 | DEL BUEY, NACHO | CLUB ATLETISMO SADA | 00:17:24 | 00:07:19 (13) | M (13) | ABSOLUTA-5K M (9) | |
| 14 | 720 | BARCALA LÓPEZ, MARCOS | CLUB ATLETISMO TAMBRE | 00:17:29 | 00:07:18 (11) | M (14) | SUB-16 M (3) | |
| 15 | 704 | AYASO PARADA, IKER | CLUB ATLETISMO NOIA | 00:17:35 | 00:07:34 (15) | M (15) | SUB-18 M (3) | |
| 16 | 703 | CASTRO LOBATO, MIGUEL | CLUB OLIMPICO DE VEDRA | 00:17:37 | 00:07:35 (17) | M (16) | SUB-18 M (4) | |
| 17 | 711 | IGLESIAS FERREIRO, XOAN | A. D. OLIMPIA | 00:17:42 | 00:07:36 (18) | M (17) | SUB-18 M (5) | |
| 18 | 602 | CODESAL JUL, MARCOS | CCA RÍA DE FOZ | 00:17:43 | 00:07:37 (19) | M (18) | ABSOLUTA-5K M (10) | |
| 19 | 749 | FUENTEFRIA FERNANDEZ, ADRIAN | A.D. FOGAR | 00:17:47 | 00:07:18 (9) | M (19) | SUB-16 M (4) | |
| 20 | 655 | LÓPEZ PARDO, ALEJANDRO | A.D. FOGAR | 00:18:22 | 00:07:48 (22) | M (20) | ABSOLUTA-5K M (11) | |
| 21 | 793 | PÉREZ BARBAZÁN, Anxo | | 00:18:25 | 00:07:48 (21) | M (21) | ABSOLUTA-5K M (12) | |
| 22 | 718 | CORTÉS MARTÍNEZ, LOIS | ATLETISMO FONTES DO SAR | 00:18:32 | 00:07:50 (25) | M (22) | SUB-18 M (6) | |
| 23 | 762 | MIRANDA VIEITO, JOSE MANUEL | ATHLETICS FISIOTERAPIA SAN | 00:18:35 | 00:07:56 (27) | M (23) | ABSOLUTA-5K M (13) | |
| 24 | 687 | MOGO CASTRO, CRISTIAN | SD COMPOSTELA ATLETISMO | 00:18:47 | 00:07:47 (20) | M (24) | ABSOLUTA-5K M (14) | |
| **25** | **779** | **ESCARTÍN MARCÉN, VERONICA** | **HINACO MONZÓN** | **00:18:48** | **00:07:59 (31)** | **F (1)** | **ABSOLUTA-5K F (1)** | |
| 26 | 741 | OTERO RIAL, XOEL | CLUB ATLETISMO TAMBRE | 00:18:52 | 00:07:50 (23) | M (25) | SUB-16 M (5) | |
| 27 | 550 | CHUECOS, JOSE | PASA OU ENTORNA | 00:18:58 | 00:08:00 (33) | M (26) | ABSOLUTA-5K M (15) | |
| 28 | 725 | VIDAL EIRAS, LEANDRO | CLUB ATLETISMO NEGREIRA | 00:19:01 | 00:07:57 (28) | M (27) | SUB-16 M (6) | |
| 29 | 791 | SIEIRA DOSIL, XABIER | AMES ATLETISMO | 00:19:06 | 00:07:59 (29) | M (28) | SUB-16 M (7) | |
| 30 | 740 | GIANZO GONZALEZ, DANIEL | CLUB TRIATLÓN COMPOSTELA | 00:19:09 | 00:07:59 (30) | M (29) | SUB-16 M (8) | |



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| PTO | DOR | NOMBRE | CLUB | T.OFICIAL | TC1 | SEXO | CATEGORÍA | LOCAL |
|---|---|---|---|---|---|---|---|---|
| 31 | 752 | MATA PORTOS, RAÚL | ATLETISMO FONTES DO SAR | 00:19:13 | 00:07:50 (24) | M (30) | SUB-16 M (9) | |
| 32 | 706 | GRACIANO TOREA, ÓSCAR | CLUB ATLETISMO NOIA | 00:19:14 | 00:07:55 (26) | M (31) | SUB-18 M (7) | |
| 33 | 613 | SANTOMÉ RODRÍGUEZ, PABLO | O CASTAÑAL ALCABRE | 00:19:14 | 00:08:18 (39) | M (32) | ABSOLUTA-5K M (16) | |
| **34** | **723** | **RODIL ILLOBRE, XOANA** | **SD COMPOSTELA ATLETISMO** | **00:19:15** | **00:08:00 (32)** | **F (2)** | **SUB-16 F (1)** | |
| 35 | 632 | PÉREZ RODRIGUEZ, RAMON A. | CLUB ATLETISMO NEGREIRA | 00:19:17 | 00:08:11 (34) | M (33) | ABSOLUTA-5K M (17) | ABSOLUTA-5K M (1) |
| 36 | 603 | LUSTRES, MANUEL | BNZ RUN CLUB | 00:19:19 | 00:08:14 (35) | M (34) | ABSOLUTA-5K M (18) | |
| 37 | 521 | BENITEZ SOMOZA, ISRAEL | EL CANARIO | 00:19:22 | 00:08:18 (40) | M (35) | ABSOLUTA-5K M (19) | |
| 38 | 695 | NOVOA GUTIÉRREZ, XIÁN | | 00:19:26 | 00:08:16 (38) | M (36) | ABSOLUTA-5K M (20) | |
| 39 | 576 | EIRAS LUEIRO, LEANDRO | TRIATLÓN FISIONICRA | 00:19:38 | 00:08:15 (36) | M (37) | ABSOLUTA-5K M (21) | ABSOLUTA-5K M (2) |
| 40 | 634 | BOUZAS TOREA, FRANCISCO | | 00:19:40 | 00:08:24 (44) | M (38) | ABSOLUTA-5K M (22) | |
| 41 | 592 | DARRIBA, ADRIAN | | 00:19:44 | 00:08:27 (45) | M (39) | ABSOLUTA-5K M (23) | |
| 42 | 539 | COUSO GARCÍA, JESÚS | CLUB ATLETISMO NEGREIRA | 00:19:48 | 00:08:23 (42) | M (40) | ABSOLUTA-5K M (24) | ABSOLUTA-5K M (3) |
| **43** | **674** | **VERES OJEA, ELENA** | **SD COMPOSTELA ATLETISMO** | **00:19:51** | **00:08:15 (37)** | **F (3)** | **ABSOLUTA-5K F (2)** | |
| 44 | 565 | RODRÍGUEZ PÉREZ, JAVIER | | 00:19:56 | 00:08:33 (49) | M (41) | ABSOLUTA-5K M (25) | |
| 45 | 646 | MARTINEZ SERANTES, DIEGO | | 00:19:57 | 00:08:27 (46) | M (42) | ABSOLUTA-5K M (26) | |
| 46 | 760 | MIRA PÉREZ, PABLO | | 00:19:59 | 00:08:39 (52) | M (43) | ABSOLUTA-5K M (27) | |
| 47 | 714 | MEDINA RODRÍGUEZ, ANXO | C A. MILLARAIO | 00:20:11 | 00:08:45 (58) | M (44) | SUB-18 M (8) | |
| **48** | **638** | **LÓPEZ FERNÁNDEZ, LARA** | **SOCIEDAD GIMNASTICA DE** | **00:20:16** | **00:08:18 (41)** | **F (4)** | **ABSOLUTA-5K F (3)** | |
| 49 | 622 | ANTELO MENDEZ, CRISTIAN | | 00:20:16 | 00:08:40 (53) | M (45) | ABSOLUTA-5K M (28) | |
| 50 | 770 | CUENCA GARCIA, FRANCISCO JOSE | CLUB ATLETISMO PINO | 00:20:17 | 00:08:32 (47) | M (46) | ABSOLUTA-5K M (29) | |
| **51** | **732** | **RODRÍGUEZ BLANCO, VEGA** | **CLUB ATLETISMO NOIA** | **00:20:17** | **00:08:35 (51)** | **F (5)** | **SUB-16 F (2)** | |
| 52 | 585 | CAMPOS LUEIRO, MARCOS | | 00:20:23 | 00:08:23 (43) | M (47) | ABSOLUTA-5K M (30) | |
| **53** | **758** | **MALVAREZ SULBARAN, SOFÍA** | **TRIATLÓN INFORHOUSE** | **00:20:26** | **00:08:33 (48)** | **F (6)** | **SUB-16 F (3)** | |
| 54 | 616 | CASTRO MARTINEZ, PABLO | | 00:20:30 | 00:08:49 (64) | M (48) | ABSOLUTA-5K M (31) | |
| 55 | 594 | MOREDA LEIRADO, RAMÓN ALBERTO | | 00:20:36 | 00:08:35 (50) | M (49) | ABSOLUTA-5K M (32) | ABSOLUTA-5K M (4) |
| **56** | **756** | **ATÁN MOLEDO, NOA** | **A. D. OLIMPIA** | **00:20:36** | **00:08:40 (54)** | **F (7)** | **SUB-16 F (4)** | |
| 57 | 775 | PITA PEGO, ADÁN | OS CORZOS DO ORTEGAL | 00:20:42 | 00:08:59 (67) | M (50) | ABSOLUTA-5K M (33) | |
| 58 | 710 | CASTRO SUÁREZ, JORGE | | 00:20:52 | 00:09:17 (82) | M (51) | SUB-18 M (9) | |
| 59 | 688 | PEREZ CALVO, MARCOS | | 00:20:53 | 00:08:48 (62) | M (52) | ABSOLUTA-5K M (34) | |
| 60 | 586 | LABRADA OTERO, DANIEL | LUGORUNNING | 00:20:54 | 00:09:04 (75) | M (53) | ABSOLUTA-5K M (35) | |



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| PTO | DOR | NOMBRE | CLUB | T.OFICIAL | TC1 | SEXO | CATEGORÍA | LOCAL |
|---|---|---|---|---|---|---|---|---|
| **61** | **748** | **MOURELLE TORRADO, LUCÍA** | **TRABANDAINAS** | **00:20:58** | **00:08:45 (59)** | **F (8)** | **SUB-16 F (5)** | |
| 62 | 540 | LEMA FERNANDEZ, CARLOS | CLUB ATLETISMO NEGREIRA | 00:20:59 | 00:08:47 (61) | M (54) | ABSOLUTA-5K M (36) | ABSOLUTA-5K M (5) |
| 63 | 580 | GARCÍA LIÑEIRA, JESÚS | | 00:21:02 | 00:08:45 (57) | M (55) | ABSOLUTA-5K M (37) | |
| **64** | **696** | **RIVEIRO LEÓN, IRENE** | **CLUB ATLETISMO NOIA** | **00:21:05** | **00:08:46 (60)** | **F (9)** | **ABSOLUTA-5K F (4)** | |
| 65 | 665 | OZÓN GONZÁLEZ, ADRIÁN | A. D. OLIMPIA | 00:21:13 | 00:08:48 (63) | M (56) | ABSOLUTA-5K M (38) | |
| 66 | 789 | VIEITO LÓPEZ, YAGO | | 00:21:13 | 00:09:03 (73) | M (57) | SUB-18 M (10) | SUB-18 M (1) |
| 67 | 765 | ROEL BARBEITO, FABIÁN | BRUTANZOS TEAM | 00:21:16 | 00:08:45 (56) | M (58) | ABSOLUTA-5K M (39) | |
| 68 | 774 | FREIJOMIL, ALBERTO | BRUTANZOS TEAM | 00:21:16 | 00:08:44 (55) | M (59) | ABSOLUTA-5K M (40) | |
| **69** | **533** | **PASTOR AMOROS, NURIA** | **LUGO RUNNING CLUB** | **00:21:18** | **00:09:04 (76)** | **F (10)** | **ABSOLUTA-5K F (5)** | |
| 70 | 694 | RINCÓN CHAPARRO, BRANDON STEVEN | | 00:21:18 | 00:09:05 (78) | M (60) | ABSOLUTA-5K M (41) | ABSOLUTA-5K M (6) |
| 71 | 502 | TIZÓN DAVILA, JAIME | TRIATLÓN FISIONICRA | 00:21:33 | 00:09:05 (79) | M (61) | ABSOLUTA-5K M (42) | ABSOLUTA-5K M (7) |
| 72 | 513 | ACUÑA FERNANDEZ, CANDIDO | COMESAÑA | 00:21:36 | 00:08:58 (66) | M (62) | ABSOLUTA-5K M (43) | |
| **73** | **733** | **GÓMEZ LEÓN, MARTINA** | **CLUB ATLETISMO NOIA** | **00:21:42** | **00:08:50 (65)** | **F (11)** | **SUB-16 F (6)** | |
| 74 | 570 | LORENZO PARAFITA, ANDRÉS | | 00:21:44 | 00:09:07 (80) | M (63) | ABSOLUTA-5K M (44) | ABSOLUTA-5K M (8) |
| 75 | 614 | GARCÍA CABALEIRO, DARÍO | CLUB DEPORTIVO BRIÓN | 00:21:45 | 00:09:24 (84) | M (64) | ABSOLUTA-5K M (45) | |
| **76** | **730** | **GARCÍA RECAREY, CAYETANA** | **CLUB ATLETISMO NOIA** | **00:21:46** | **00:09:00 (68)** | **F (12)** | **SUB-16 F (7)** | |
| **77** | **593** | **MENESES PERALTA, FILIPA ALEXANDRA** | | **00:21:49** | **00:09:04 (77)** | **F (13)** | **ABSOLUTA-5K F (6)** | |
| 78 | 579 | GARCÍA LIÑEIRA, ALEJANDRO | BRUTANZOS TEAM | 00:21:58 | 00:09:02 (72) | M (65) | ABSOLUTA-5K M (46) | |
| **79** | **707** | **ROS GONZÁLEZ, LUCÍA** | **TRIATLÓN INFORHOUSE** | **00:21:59** | **00:09:02 (71)** | **F (14)** | **SUB-18 F (1)** | |
| **80** | **790** | **CASTRO FANDIÑO, ICÍA** | **CLUB ATLETISMO TAMBRE** | **00:22:00** | **00:09:02 (70)** | **F (15)** | **SUB-18 F (2)** | |
| 81 | 508 | ESPIÑEIRA CASTRO, LINO | | 00:22:04 | 00:09:27 (85) | M (66) | ABSOLUTA-5K M (47) | |
| 82 | 708 | LEIS GARAZO, ANXO | | 00:22:13 | 00:09:03 (74) | M (67) | SUB-18 M (11) | SUB-18 M (2) |
| 83 | 672 | LOIS CALVO, BASILIO | | 00:22:15 | 00:10:05 (102) | M (68) | ABSOLUTA-5K M (48) | |
| **84** | **566** | **POSE, LORENA** | **USC** | **00:22:21** | **00:09:34 (86)** | **F (16)** | **ABSOLUTA-5K F (7)** | |
| 85 | 618 | LISTE RIVERA, XIAN | | 00:22:25 | 00:09:51 (92) | M (69) | ABSOLUTA-5K M (49) | |
| **86** | **768** | **NIETO PAZOS, SUSANA** | | **00:22:33** | **00:09:39 (87)** | **F (17)** | **ABSOLUTA-5K F (8)** | |
| **87** | **623** | **FERNÁNDEZ GARCÍA, TAMARA** | | **00:22:35** | **00:09:01 (69)** | **F (18)** | **ABSOLUTA-5K F (9)** | |
| 88 | 522 | ROMERO ROZAS, RUBÉN | | 00:22:37 | 00:09:56 (96) | M (70) | ABSOLUTA-5K M (50) | |
| **89** | **784** | **FERNANDEZ MARTINEZ, MARIA** | **SD COMPOSTELA ATLETISMO** | **00:22:40** | **00:09:14 (81)** | **F (19)** | **ABSOLUTA-5K F (10)** | |
| 90 | 509 | DE BLAS DEL CURA, MARTIN | | 00:22:57 | 00:09:43 (88) | M (71) | ABSOLUTA-5K M (51) | |



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|---|---|---|---|---|---|---|---|---|
| 91 | 568 | GARCÍA GIRAUT, CÁNDIDO ALBERTO | | 00:23:00 | 00:10:04 (101) | M (72) | ABSOLUTA-5K M (52) | ABSOLUTA-5K M (9) |
| **92** | **719** | **VIDAL TUBÍO, XULIA** | **SD COMPOSTELA ATLETISMO** | **00:23:03** | **00:09:22 (83)** | **F (20)** | **SUB-18 F (3)** | |
| 93 | 737 | LÓPEZ BUSCH, FÉLIX | C A. MILLARAIO | 00:23:08 | 00:10:04 (100) | M (73) | SUB-16 M (10) | |
| **94** | **629** | **RODRÍGUEZ GÓMEZ, LAURA** | **ESTUDIO ADRIAN PEREZ** | **00:23:09** | **00:09:55 (95)** | **F (21)** | **ABSOLUTA-5K F (11)** | |
| 95 | 717 | MOURO CAAMAÑO, LUCAS | | 00:23:19 | 00:09:49 (90) | M (74) | SUB-18 M (12) | |
| **96** | **686** | **CORES CANCELA, ANDREA** | **SD COMPOSTELA ATLETISMO** | **00:23:20** | **00:10:03 (99)** | **F (22)** | **ABSOLUTA-5K F (12)** | |
| **97** | **648** | **PEREZ NIETO, ALBA** | **SOCIEDAD GIMNASTICA DE** | **00:23:23** | **00:09:50 (91)** | **F (23)** | **ABSOLUTA-5K F (13)** | |
| 98 | 683 | SENDON BAÑA, CESAR | ESTUDIO ADRIAN PEREZ | 00:23:30 | 00:10:10 (106) | M (75) | ABSOLUTA-5K M (53) | |
| 99 | 578 | VARELA SANTALLA, JOSE | GTR - GALAICO TRAIL RUN | 00:23:31 | 00:09:53 (94) | M (76) | ABSOLUTA-5K M (54) | |
| **100** | **716** | **LÓPEZ LÓPEZ, MARTINA** | **SD COMPOSTELA ATLETISMO** | **00:23:34** | **00:09:43 (89)** | **F (24)** | **SUB-18 F (4)** | |
| 101 | 633 | NEIRA MOURULLO, ALVARO | CLUB DEPORTIVO BRIÓN | 00:23:44 | 00:09:52 (93) | M (77) | ABSOLUTA-5K M (55) | |
| **102** | **581** | **BENITO ESCRIBANO, ALICIA** | | **00:23:46** | **00:10:28 (113)** | **F (25)** | **ABSOLUTA-5K F (14)** | |
| **103** | **724** | **RODRÍGUEZ GONZÁLEZ, ADRIANA** | **CLUB ATLETISMO TAMBRE** | **00:23:53** | **00:10:00 (98)** | **F (26)** | **SUB-16 F (8)** | |
| 104 | 591 | ÁLVAREZ VILAS, SERGIO | | 00:23:57 | 00:10:06 (103) | M (78) | ABSOLUTA-5K M (56) | ABSOLUTA-5K M (10) |
| **105** | **541** | **OROÑA GONZALEZ, IRMA E.** | **CLUB ATLETISMO NEGREIRA** | **00:23:59** | **00:10:07 (104)** | **F (27)** | **ABSOLUTA-5K F (15)** | **ABSOLUTA-5K F (1)** |
| **106** | **654** | **BUSTELO CABANAS, ANDREA** | **S.D. BARBANTIA RODA** | **00:24:10** | **00:10:09 (105)** | **F (28)** | **ABSOLUTA-5K F (16)** | |
| 107 | 546 | REY ALBARELLOS, FERNANDO | SD COMPOSTELA ATLETISMO | 00:24:18 | 00:10:29 (115) | M (79) | ABSOLUTA-5K M (57) | |
| 108 | 590 | CASAL COUTO, FERNANDO | | 00:24:22 | 00:09:58 (97) | M (80) | ABSOLUTA-5K M (58) | |
| **109** | **750** | **GARCÍA SANTISO, MINIA** | | **00:24:23** | **00:10:12 (107)** | **F (29)** | **SUB-16 F (9)** | |
| **110** | **754** | **GARCÍA CERVIÑO, SOFÍA** | **CLUB ATLETISMO NEGREIRA** | **00:24:25** | **00:10:13 (108)** | **F (30)** | **SUB-16 F (10)** | |
| 111 | 601 | LÓPEZ TEMES, MANUEL | CORREXALLAS | 00:24:26 | 00:10:26 (109) | M (81) | ABSOLUTA-5K M (59) | |
| 112 | 555 | FARO NEGREIRA, JUAN MANUEL | ADC MONTE BREAMO | 00:24:46 | 00:10:26 (110) | M (82) | ABSOLUTA-5K M (60) | ABSOLUTA-5K M (11) |
| 113 | 530 | GOMEZ FERNANDEZ, CARLOS | | 00:24:48 | 00:10:29 (114) | M (83) | ABSOLUTA-5K M (61) | |
| 114 | 584 | BUJAN AGRA, SERGIO | | 00:24:51 | 00:10:51 (128) | M (84) | ABSOLUTA-5K M (62) | ABSOLUTA-5K M (12) |
| 115 | 562 | PENEDO TORRADO, JAVIER | | 00:24:55 | 00:10:39 (121) | M (85) | ABSOLUTA-5K M (63) | |
| 116 | 569 | FRESCO RAMIL, JOSE MANUEL | | 00:24:58 | 00:10:44 (125) | M (86) | ABSOLUTA-5K M (64) | |
| 117 | 669 | LESTIDO CARDAMA, YAGO | CLUB DEPORTIVO BRIÓN | 00:25:03 | 00:10:49 (126) | M (87) | ABSOLUTA-5K M (65) | |
| **118** | **582** | **PACHECO HUERTA, SUSANA** | **A.D. NAUTICO NARON** | **00:25:04** | **00:10:56 (134)** | **F (31)** | **ABSOLUTA-5K F (17)** | |
| **119** | **685** | **GONZALEZ LAREU, ISABEL** | **GTR - GALAICO TRAIL RUN** | **00:25:07** | **00:10:39 (122)** | **F (32)** | **ABSOLUTA-5K F (18)** | |
| 120 | 535 | CORTÉS MARTÍNEZ, RAMÓN | | 00:25:14 | 00:10:56 (136) | M (88) | ABSOLUTA-5K M (66) | |



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|---|---|---|---|---|---|---|---|---|
| 121 | 526 | MOURE CAÑETE, FRANCISCO | NOITEBRA F.C. | 00:25:18 | 00:10:42 (124) | M (89) | ABSOLUTA-5K M (67) | |
| **122** | **743** | **CASTRO FANDIÑO, CLAUDIA** | **SD COMPOSTELA ATLETISMO** | **00:25:23** | **00:10:27 (112)** | **F (33)** | **SUB-16 F (11)** | |
| 123 | 560 | CASTRO MAROÑO, JORGE | SD COMPOSTELA ATLETISMO | 00:25:23 | 00:10:26 (111) | M (90) | ABSOLUTA-5K M (68) | |
| **124** | **678** | **SOLÍS POSE, NATALIA** | **RF PERSONAL TRAINER** | **00:25:29** | **00:11:02 (139)** | **F (34)** | **ABSOLUTA-5K F (19)** | |
| **125** | **709** | **GÓMEZ SIXTO, ZIORTZA** | | **00:25:31** | **00:10:32 (117)** | **F (35)** | **SUB-18 F (5)** | |
| **126** | **557** | **MIGUEZ NEO, MIRIAM** | **SD COMPOSTELA ATLETISMO** | **00:25:38** | **00:10:55 (132)** | **F (36)** | **ABSOLUTA-5K F (20)** | |
| 127 | 781 | GARCÍA MARTÍNEZ, CARLOS | | 00:25:43 | 00:11:29 (154) | M (91) | ABSOLUTA-5K M (69) | |
| 128 | 660 | ENRIQUE SAMPEDRO, FABIAN | | 00:25:45 | 00:10:53 (131) | M (92) | ABSOLUTA-5K M (70) | |
| 129 | 689 | OLAÑETA SUÁREZ, DIEGO | | 00:25:46 | 00:11:30 (156) | M (93) | ABSOLUTA-5K M (71) | |
| **130** | **549** | **SUÁREZ CASAL, MARÍA JOSÉ** | | **00:25:51** | **00:10:51 (129)** | **F (37)** | **ABSOLUTA-5K F (21)** | **ABSOLUTA-5K F (2)** |
| 131 | 538 | GARCÍA PIÑEIRO, ANDRÉ | TRIATLÓN FISIONICRA | 00:25:55 | 00:10:39 (122) | M (94) | ABSOLUTA-5K M (72) | ABSOLUTA-5K M (13) |
| 132 | 503 | FERREIRO LAMAS, VICTOR | CLUB ATLETISMO NEGREIRA | 00:26:01 | 00:11:17 (150) | M (95) | ABSOLUTA-5K M (73) | ABSOLUTA-5K M (14) |
| **133** | **671** | **CASTRO PARENTE, ALEJANDRA** | | **00:26:02** | **00:11:14 (145)** | **F (38)** | **ABSOLUTA-5K F (22)** | |
| **134** | **670** | **CASTRO PARENTE, PAULA** | | **00:26:02** | **00:11:13 (144)** | **F (39)** | **ABSOLUTA-5K F (23)** | **ABSOLUTA-5K F (3)** |
| **135** | **751** | **VÁZQUEZ CASTRO, CLARA** | **A. D. OLIMPIA** | **00:26:03** | **00:10:58 (137)** | **F (40)** | **SUB-16 F (12)** | |
| **136** | **664** | **MÉNDEZ BELLO, ROCIO** | | **00:26:06** | **00:10:52 (130)** | **F (41)** | **ABSOLUTA-5K F (24)** | |
| 137 | 571 | FERRER, IGNACIO | CLUB DEPORTIVO O | 00:26:07 | 00:11:07 (140) | M (96) | ABSOLUTA-5K M (74) | |
| 138 | 512 | BLANCO GONZALEZ, JESÚS MANUEL | O JERREIRO | 00:26:10 | 00:10:56 (135) | M (97) | ABSOLUTA-5K M (75) | |
| 139 | 692 | GARCÍA QUEIRO, HUGO | | 00:26:14 | 00:11:29 (155) | M (98) | ABSOLUTA-5K M (76) | |
| 140 | 587 | REY PAIS, CARLOS | | 00:26:17 | 00:11:15 (146) | M (99) | ABSOLUTA-5K M (77) | ABSOLUTA-5K M (15) |
| **141** | **558** | **RODRÍGUEZ FREIRE, ANA** | **CLUBE ATLETISMO** | **00:26:18** | **00:11:13 (143)** | **F (42)** | **ABSOLUTA-5K F (25)** | |
| 142 | 552 | VARELA, JESUS | | 00:26:26 | 00:10:50 (127) | M (100) | ABSOLUTA-5K M (78) | ABSOLUTA-5K M (16) |
| **143** | **612** | **OTERO DOMÍNGUEZ, ELVIRA** | | **00:26:34** | **00:11:27 (151)** | **F (43)** | **ABSOLUTA-5K F (26)** | |
| **144** | **600** | **SOARES DOS SANTOS, ANDREIA** | **CHULITOS TEAM** | **00:26:40** | **00:11:56 (164)** | **F (44)** | **ABSOLUTA-5K F (27)** | |
| 145 | 651 | LINARES LUNA, DANIEL | | 00:26:43 | 00:11:40 (160) | M (101) | ABSOLUTA-5K M (79) | |
| **146** | **788** | **GARCIA CANDIA, SARA** | **AMES ATLETISMO** | **00:26:45** | **00:11:09 (142)** | **F (45)** | **SUB-18 F (6)** | |
| **147** | **675** | **TUBÍO CASTRO, ALBA** | | **00:26:48** | **00:10:55 (133)** | **F (46)** | **ABSOLUTA-5K F (28)** | |
| **148** | **734** | **IGLESIAS TURNES, ARIANA** | **CLUB ATLETISMO NOIA** | **00:26:49** | **00:10:36 (120)** | **F (47)** | **SUB-16 F (13)** | |
| **149** | **731** | **PUGA TUBÍO, AITANA** | **NOIA** | **00:26:52** | **00:11:09 (141)** | **F (48)** | **SUB-16 F (14)** | |
| **150** | **405** | **VIDAL GOMEZ, JESSICA** | **CLUB DEPORTIVO BRIÓN** | **00:26:54** | **00:11:31 (157)** | **F (49)** | **ABSOLUTA-5K F (29)** | |



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| PTO | DOR | NOMBRE | CLUB | T.OFICIAL | TC1 | SEXO | CATEGORÍA | LOCAL |
|---|---|---|---|---|---|---|---|---|
| **151** | **599** | **RAMOS AGRA, MARIVEL** | | **00:26:54** | **00:11:28 (152)** | **F (50)** | **ABSOLUTA-5K F (30)** | **ABSOLUTA-5K F (4)** |
| 152 | 611 | TORREIRA PAIS, ELIAS | | 00:26:55 | 00:11:29 (153) | M (102) | ABSOLUTA-5K M (80) | |
| 153 | 517 | CASTRO MAROÑAS, MANUEL | | 00:27:34 | 00:11:33 (158) | M (103) | ABSOLUTA-5K M (81) | |
| 154 | 640 | BLANCO FERNÁNDEZ, DAVID | | 00:27:49 | 00:12:58 (196) | M (104) | ABSOLUTA-5K M (82) | |
| 155 | 712 | CASTRO MAYO, MARTIN | | 00:28:06 | 00:10:33 (119) | M (105) | SUB-18 M (13) | SUB-18 M (3) |
| 156 | 767 | SILVA ESTURAO, CELESTINO | | 00:28:07 | 00:12:24 (184) | M (106) | ABSOLUTA-5K M (83) | ABSOLUTA-5K M (17) |
| 157 | 605 | ROMERO, RUBEN | | 00:28:07 | 00:12:23 (182) | M (107) | ABSOLUTA-5K M (84) | |
| **158** | **564** | **BERMÚDEZ RIOS, BELI** | | **00:28:08** | **00:12:23 (183)** | **F (51)** | **ABSOLUTA-5K F (31)** | |
| 159 | 554 | GARCÍA ANTELO, JOSÉ MANUEL | MAIS DE MONTE | 00:28:12 | 00:11:16 (149) | M (108) | ABSOLUTA-5K M (85) | ABSOLUTA-5K M (18) |
| **160** | **693** | **GARCÍA RUIZ, ILDARA** | | **00:28:13** | **00:11:15 (147)** | **F (52)** | **ABSOLUTA-5K F (32)** | **ABSOLUTA-5K F (5)** |
| **161** | **505** | **TEIGA PENSADO, MARÍA ISABEL** | | **00:28:20** | **00:12:16 (174)** | **F (53)** | **ABSOLUTA-5K F (33)** | **ABSOLUTA-5K F (6)** |
| **162** | **679** | **BEIROA RODRÍGUEZ, OLALLA** | **CLUB DEPORTIVO BRIÓN** | **00:28:21** | **00:11:53 (162)** | **F (54)** | **ABSOLUTA-5K F (34)** | |
| **163** | **394** | **RODRÍGUEZ SOBRINO, CELINA** | **CLUB ATLETISMO MORAÑA** | **00:28:24** | **00:12:01 (165)** | **F (55)** | **ABSOLUTA-5K F (35)** | |
| 164 | 529 | OZÓN LAGO, ANGEL | | 00:28:26 | 00:11:51 (161) | M (109) | ABSOLUTA-5K M (86) | |
| 165 | 630 | MARTINEZ MAYO, CARLOS | CLUB ATLETISMO NEGREIRA | 00:28:27 | 00:10:32 (118) | M (110) | ABSOLUTA-5K M (87) | ABSOLUTA-5K M (19) |
| 166 | 631 | MARTÍNEZ MAYO, RUBÉN | CLUB ATLETISMO NEGREIRA | 00:28:27 | 00:10:31 (116) | M (111) | ABSOLUTA-5K M (88) | ABSOLUTA-5K M (20) |
| **167** | **532** | **MOLLÁ SANZ, MARI CARMEN** | | **00:28:27** | **00:12:21 (181)** | **F (56)** | **ABSOLUTA-5K F (36)** | |
| 168 | 620 | BRENLLA LENS, ALFONSO | | 00:28:27 | 00:12:02 (166) | M (112) | ABSOLUTA-5K M (89) | ABSOLUTA-5K M (21) |
| **169** | **658** | **RIIS RIVAS, AMANDA** | | **00:28:29** | **00:12:45 (194)** | **F (57)** | **ABSOLUTA-5K F (37)** | |
| **170** | **666** | **IGLESIAS GARCIA, NEREA** | | **00:28:29** | **00:12:44 (193)** | **F (58)** | **ABSOLUTA-5K F (38)** | |
| **171** | **574** | **LÓPEZ T, ROCÍO** | **CORREXALLAS** | **00:28:48** | **00:12:16 (175)** | **F (59)** | **ABSOLUTA-5K F (39)** | |
| **172** | **523** | **IGLESIAS  FERNANDEZ, BEGOÑA** | | **00:28:57** | **00:12:06 (169)** | **F (60)** | **ABSOLUTA-5K F (40)** | |
| **173** | **528** | **SAINZ TRESGUERRAS, ISIS** | **CLUB ATLETISMO SAR** | **00:28:58** | **00:12:28 (186)** | **F (61)** | **ABSOLUTA-5K F (41)** | |
| 174 | 677 | JIMÉNEZ CUNQUEIRO, JORGE | | 00:28:59 | 00:12:20 (180) | M (113) | ABSOLUTA-5K M (90) | |
| 175 | 573 | FERNÁNDEZ OTERO, GUSTAVO | | 00:29:02 | 00:12:06 (170) | M (114) | ABSOLUTA-5K M (91) | ABSOLUTA-5K M (22) |
| 176 | 702 | LAGO ESPERANTE, SAMUEL | | 00:29:02 | 00:11:01 (138) | M (115) | SUB-18 M (14) | SUB-18 M (4) |
| 177 | 701 | TOMÉ CASAL, HUGO | | 00:29:14 | 00:11:34 (159) | M (116) | SUB-18 M (15) | SUB-18 M (5) |
| 178 | 621 | CIVES OUTES, JAVIER | | 00:29:17 | 00:12:13 (172) | M (117) | ABSOLUTA-5K M (92) | |
| **179** | **635** | **RODRÍGUEZ TORRES, BLANCA** | **CAO (CLUB ATLETISMO** | **00:29:19** | **00:12:28 (187)** | **F (62)** | **ABSOLUTA-5K F (42)** | |
| **180** | **617** | **SÁNCHEZ VARÓ, BÁRBARA** | **GTR - GALAICO TRAIL RUN** | **00:29:20** | **00:12:03 (168)** | **F (63)** | **ABSOLUTA-5K F (43)** | |



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# CLASIFICACIÓN 5K

| PTO | DOR | NOMBRE | CLUB | T.OFICIAL | TC1 | SEXO | CATEGORÍA | LOCAL |
|---|---|---|---|---|---|---|---|---|
| **181** | **561** | **LEMA CAAMAÑO, GUADALUPE** | **A. D. OLIMPIA** | **00:29:22** | **00:12:31 (188)** | **F (64)** | **ABSOLUTA-5K F (44)** | |
| 182 | 676 | GARCÍA VIDAL, ROI | | 00:29:23 | 00:12:20 (179) | M (118) | ABSOLUTA-5K M (93) | |
| 183 | 519 | IGLESIAS TRILLO, JUAN | A. D. OLIMPIA | 00:29:23 | 00:12:32 (189) | M (119) | ABSOLUTA-5K M (94) | |
| **184** | **726** | **BOUZADA GONZÁLEZ, UXÍA** | **CLUB ATLETISMO NOIA** | **00:29:26** | **00:12:18 (177)** | **F (65)** | **SUB-16 F (15)** | |
| **185** | **668** | **FRESCO REY, LAURA** | **CLUB DEPORTIVO BRIÓN** | **00:29:28** | **00:12:42 (192)** | **F (66)** | **ABSOLUTA-5K F (45)** | **ABSOLUTA-5K F (7)** |
| 186 | 778 | TROITIÑO MOLDES, RUBEN | CLUB DEPORTIVO BRIÓN | 00:29:29 | 00:11:54 (163) | M (120) | ABSOLUTA-5K M (95) | ABSOLUTA-5K M (23) |
| **187** | **727** | **KOZLOVA, SERAFIMA** | **CLUB ATLETISMO NOIA** | **00:29:30** | **00:12:19 (178)** | **F (67)** | **SUB-16 F (16)** | |
| **188** | **543** | **GONZÁLEZ BERMÚDEZ, NORMA** | | **00:29:43** | **00:12:17 (176)** | **F (68)** | **ABSOLUTA-5K F (46)** | |
| **189** | **764** | **ROSAL GÓMEZ, ROCÍO** | **ATHLETICS FISIOTERAPIA** | **00:29:56** | **00:12:34 (190)** | **F (69)** | **ABSOLUTA-5K F (47)** | |
| **190** | **514** | **NOYA MIRÁS, CONCEPCIÓN** | **SD COMPOSTELA ATLETISMO** | **00:29:57** | **00:12:38 (191)** | **F (70)** | **ABSOLUTA-5K F (48)** | |
| **191** | **647** | **DOPICO, LUCÍA** | | **00:30:07** | **00:13:17 (207)** | **F (71)** | **ABSOLUTA-5K F (49)** | |
| 192 | 739 | CASTRO ABELENDA, MARTIN | | 00:30:26 | 00:12:26 (185) | M (121) | SUB-16 M (11) | |
| **193** | **656** | **RIOBO NIETO, RAQUEL** | | **00:30:39** | **00:12:56 (195)** | **F (72)** | **ABSOLUTA-5K F (50)** | |
| 194 | 684 | TUÑAS GARCÍA, ALEJANDRO | | 00:30:48 | 00:12:03 (167) | M (122) | ABSOLUTA-5K M (96) | ABSOLUTA-5K M (24) |
| 195 | 645 | BUSTO MUSI, GONZALO | | 00:30:53 | 00:12:13 (171) | M (123) | ABSOLUTA-5K M (97) | |
| 196 | 583 | BLANCO PENA, CARLOS | | 00:31:00 | 00:12:15 (173) | M (124) | ABSOLUTA-5K M (98) | |
| **197** | **551** | **ANDRADE LAGO, MARIA** | **A. D. OLIMPIA** | **00:31:08** | **00:13:11 (200)** | **F (73)** | **ABSOLUTA-5K F (51)** | |
| **198** | **772** | **FLORES FERNÁNDEZ, OLALLA** | | **00:31:14** | **00:13:22 (208)** | **F (74)** | **ABSOLUTA-5K F (52)** | **ABSOLUTA-5K F (8)** |
| **199** | **577** | **FERNÁNDEZ VEIRA, MARGARET** | **A. D. OLIMPIA** | **00:31:16** | **00:13:17 (206)** | **F (75)** | **ABSOLUTA-5K F (53)** | |
| 200 | 542 | INSUA PEDROSA, PABLO | A. D. OLIMPIA | 00:31:16 | 00:13:17 (205) | M (125) | ABSOLUTA-5K M (99) | |
| **201** | **544** | **ARES RODRÍGUEZ, BEATRIZ** | | **00:31:23** | **00:13:11 (199)** | **F (76)** | **ABSOLUTA-5K F (54)** | **ABSOLUTA-5K F (9)** |
| 202 | 771 | CALVIÑO RODRIGUEZ, PEDRO | | 00:31:30 | 00:13:35 (212) | M (126) | ABSOLUTA-5K M (100) | |
| **203** | **501** | **CAJUSO BARBAZAN, JOSEFA** | **CLUB ATLETISMO NEGREIRA** | **00:31:33** | **00:13:09 (197)** | **F (77)** | **ABSOLUTA-5K F (55)** | **ABSOLUTA-5K F (10)** |
| 204 | 507 | RODRÍGUEZ FERNÁNDEZ, RICARDO JULIO | CLUB ATLETISMO OUTES- | 00:31:34 | 00:13:14 (203) | M (127) | ABSOLUTA-5K M (101) | |
| **205** | **763** | **GARCÍA LÓPEZ, RAQUEL** | | **00:31:34** | **00:13:14 (201)** | **F (78)** | **ABSOLUTA-5K F (56)** | **ABSOLUTA-5K F (11)** |
| **206** | **766** | **GARCÍA LUEIRO, CRISTINA** | | **00:31:34** | **00:13:10 (198)** | **F (79)** | **ABSOLUTA-5K F (57)** | **ABSOLUTA-5K F (12)** |
| **207** | **769** | **CAAMAÑO GARCÍA, LIDIA** | | **00:31:34** | **00:13:14 (202)** | **F (80)** | **ABSOLUTA-5K F (58)** | **ABSOLUTA-5K F (13)** |
| **208** | **626** | **ANTELO ALVARELLOS, ADRIANA** | **CHULITAS TEAM** | **00:31:40** | **00:13:51 (214)** | **F (81)** | **ABSOLUTA-5K F (59)** | |
| 209 | 547 | MARIN GARCIA, ELOY | | 00:32:01 | 00:13:16 (204) | M (128) | ABSOLUTA-5K M (102) | ABSOLUTA-5K M (25) |
| 210 | 627 | RODRIGUEZ BERNARDEZ, ELOY | | 00:32:52 | 00:13:27 (209) | M (129) | ABSOLUTA-5K M (103) | |



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# CLASIFICACIÓN 5K

| PTO | DOR | NOMBRE | CLUB | T.OFICIAL | TC1 | SEXO | CATEGORÍA | LOCAL |
|---|---|---|---|---|---|---|---|---|
| **211** | **628** | **GOMEZ GARCIA, YESICA** | | **00:32:52** | **00:13:27 (210)** | **F (82)** | **ABSOLUTA-5K F (60)** | **ABSOLUTA-5K F (14)** |
| **212** | **773** | **ANDÚJAR PLATA, PAULA** | | **00:33:44** | **00:13:49 (213)** | **F (83)** | **ABSOLUTA-5K F (61)** | **ABSOLUTA-5K F (15)** |
| 213 | 548 | IGLESIAS VIGO, XOSE RAMON | | 00:34:13 | 00:14:17 (217) | M (130) | ABSOLUTA-5K M (104) | |
| **214** | **608** | **ADRAN SUAREZ, IRENE** | | **00:34:16** | **00:14:27 (220)** | **F (84)** | **ABSOLUTA-5K F (62)** | |
| **215** | **607** | **RAMOS LOUREIRO, PAULA** | | **00:34:16** | **00:14:25 (218)** | **F (85)** | **ABSOLUTA-5K F (63)** | |
| 216 | 609 | PEREZ CASTELO, ANGEL | | 00:34:16 | 00:14:26 (219) | M (131) | ABSOLUTA-5K M (105) | |
| **217** | **659** | **HERMIDA AREÁN, TANIA** | | **00:34:28** | **00:13:53 (215)** | **F (86)** | **ABSOLUTA-5K F (64)** | |
| 218 | 761 | BOTANA FERREIRO, VICTOR MANUEL | | 00:34:53 | 00:14:27 (221) | M (132) | ABSOLUTA-5K M (106) | |
| **219** | **316** | **DELLA MÓNICA, NATASHA** | | **00:35:38** | **00:15:03 (225)** | **F (87)** | **ABSOLUTA-5K F (65)** | **ABSOLUTA-5K F (16)** |
| 220 | 589 | FERNANDEZ, MANUEL JOSÉ | | 00:35:38 | 00:15:04 (226) | M (133) | ABSOLUTA-5K M (107) | ABSOLUTA-5K M (26) |
| 221 | 531 | RIOS PUENTE, JAVIER | | 00:36:29 | 00:14:53 (222) | M (134) | ABSOLUTA-5K M (108) | |
| **222** | **673** | **VILAR SANLES, NOELIA** | | **00:36:29** | **00:14:55 (224)** | **F (88)** | **ABSOLUTA-5K F (66)** | |
| **223** | **572** | **VILAR SANLÉS, JUANA** | | **00:36:29** | **00:14:55 (223)** | **F (89)** | **ABSOLUTA-5K F (67)** | |
| **224** | **504** | **REGUEIRO CRUZ, SUSANA** | **ATLETISMO GUITIRIZ** | **00:37:51** | **00:16:06 (228)** | **F (90)** | **ABSOLUTA-5K F (68)** | |
| 225 | 527 | SANCHEZ GONZALEZ, JUAN MANUEL | | 00:38:42 | 00:15:32 (227) | M (135) | ABSOLUTA-5K M (109) | ABSOLUTA-5K M (27) |
| **226** | **759** | **TURNES BLANCO, MARÍA DEL PILAR** | | **00:39:37** | **00:16:28 (229)** | **F (91)** | **ABSOLUTA-5K F (69)** | |
| **227** | **534** | **MOREJÓN DEL LLANO, OLGA ERENA** | | **00:40:36** | **00:18:43 (230)** | **F (92)** | **ABSOLUTA-5K F (70)** | **ABSOLUTA-5K F (17)** |
| **DSQ** | **510** | **PAZOS LÓPEZ, ANA MARIA** | | **00:26:01** | **00:11:15 (148)** | **F (-1)** | **ABSOLUTA-5K F (NA)** | **ABSOLUTA-5K F (NA)** |
| **DSQ** | **598** | **CAROLI TREZZA, BÁRBARA FIORINA** | **SERRES RUNNERS** | **00:34:54** | **00:13:57 (216)** | **F (-1)** | **ABSOLUTA-5K F (NA)** | **ABSOLUTA-5K F (NA)** |

Total: 229



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