





### CLASIFICACIÓN OFICIAL CARREIRA 10K

PTO	DOR	NOMBRE	SEXO	T.OFICIAL	T.NETO	RITMO	T.KM 3.3	T.VUELTA1	T.KM 8.3	CATEGORÍA	P. SEX	P.CAT	LOCAL	GALEGO
50	444	MARISA BARROS	f	00:36:31	00:36:31	03:39	00:11:19.610	00:17:40.110	00:29:56.090	M/F 35	4	1	NO	NO
51	135	XABIER FERNÁNDEZ GARCÍA	m	00:36:32	00:36:27.550	03:39	00:11:36.430	00:18:01.880	00:30:07.760	SUB-23	47	2	NO	SI
52	28	CARLOS FRAGA ADRIO	m	00:36:33	00:36:29.700	03:39	00:11:50.180	00:18:21.660	00:30:20.090	SÉNIOR	48	17	NO	SI
53	71	JORGE MARTINEZ GOMEZ	m	00:36:36	00:36:32.000	03:40	00:11:54.690	00:18:22.220	00:30:16.980	SÉNIOR	49	18	NO	SI
54	191	MANUEL NIETO GONZÁLEZ	m	00:36:48	00:36:48	03:41	00:11:37.530	00:18:09.920	00:30:17.210	M/F 45	50	7	NO	SI
55	25	ADRIAN LIMIA QUINTAS	m	00:36:50	00:36:46.600	03:41	00:11:45.970	00:18:13.320	00:30:17.890	SÉNIOR	51	19	NO	SI
56	93	VICTOR ESPARIS GARCIA	m	00:36:54	00:36:48.360	03:41	00:11:50.180	00:18:19.320	00:30:34.810	SÉNIOR	52	20	NO	SI
57	37	JLUIS GONZÁLEZ NÚÑEZ	m	00:36:58	00:36:55.320	03:42	00:11:35.410	00:18:09.050	00:30:22.550	M/F 35	53	11	NO	SI
58	67	ERNESTO BUCETA POUSO	m	00:36:59	00:36:59	03:42	00:11:31.980	00:18:07.790	00:30:21.100	M/F 45	54	8	NO	SI
59	32	JOSE MARIA SANCHEZ SAN LUIS	m	00:37:04	00:37:00.410	03:42	00:12:14.770	00:18:45.660	00:30:49.290	M/F 35	55	12	NO	SI
60	190	ISMAEL CAMPELO PENA	m	00:37:05	00:36:58.080	03:42	00:12:04.490	00:18:36.400	00:30:41.480	M/F 45	56	9	NO	SI
61	41	JOSE SUAREZ LEIS	m	00:37:15	00:37:15	03:44	00:11:40.810	00:18:14.090	00:30:39.220	SUPERVETERANOS	57	1	NO	SI
62	101	JOSECHO GONZÁLEZ REY	m	00:37:17	00:37:10.060	03:44	00:12:16.390	00:18:49.790	00:30:53.630	M/F 35	58	13	NO	SI
63	26	ALEXANDRE FERNÁNDEZ TOJO	m	00:37:28	00:37:24.470	03:45	00:11:56.910	00:18:36.380	00:30:49.040	SÉNIOR	59	21	NO	SI
64	52	SANTIAGO BREA SÁNCHEZ	m	00:37:36	00:37:33.690	03:46	00:12:04.790	00:18:41.790	00:30:55.370	M/F 40	60	14	NO	SI
65	35	ANXO RUANOVA FERNANDEZ	m	00:37:40	00:37:40	03:46	00:11:41.460	00:18:14.210	00:30:57.980	M/F 35	61	14	NO	NO
66	27	MARCOS RODRIGUEZ VAZQUEZ	m	00:37:45	00:37:45	03:47	00:11:55.530	00:18:22.530	00:30:50.020	SÉNIOR	62	22	NO	SI
67	192	DAVID PÉREZ SANTAMARÍA	m	00:37:48	00:37:44.070	03:47	00:12:04.100	00:18:43.810	00:31:04.380	M/F 45	63	10	NO	SI
68	195	JOSE ANTONIO JUANATEY PÉREZ	m	00:37:52	00:37:48.100	03:47	00:12:06.680	00:18:46.930	00:31:11.310	M/F 45	64	11	NO	SI
69	194	JOSÉ MANUEL LAGO CES	m	00:37:59	00:37:55.390	03:48	00:12:05.130	00:18:46.510	00:31:14.030	M/F 45	65	12	NO	SI
70	39	JULIO NOVOA GUTIERREZ	m	00:38:01	00:38:01	03:48	00:12:05.960	00:18:46.410	00:31:13.660	M/F 35	66	15	NO	SI
71	176	RUBEN BREGUA CHAS	m	00:38:03	00:37:58.840	03:48	00:12:15.250	00:18:59.070	00:31:29.950	M/F 40	67	15	NO	SI
72	76	LUIS MOSQUERA GONZÁLEZ	m	00:38:07	00:37:54.380	03:49	00:12:43.880	00:19:22.500	00:31:38.140	SÉNIOR	68	23	NO	SI
73	224	RAMÓN GARCÍA TEIRA	m	00:38:09	00:38:05.230	03:49	00:12:18.150	00:19:04.220	00:31:39.000	M/F 50	69	1	NO	SI
74	99	IVAN SEGADE CAROU	m	00:38:11	00:38:03.920	03:49	00:12:14.630	00:18:53.160	00:31:32.420	M/F 35	70	16	NO	SI
75	235	JOSÉ CARLOS PEREIRA REY	m	00:38:11	00:38:04.060	03:49	00:12:14.490	00:18:53.210	00:31:32.360	M/F 50	71	2	NO	SI
76	36	RAMIRO CHAVES MON	m	00:38:16	00:38:16	03:50	00:11:54.490	00:18:44.320	00:31:26.160	M/F 35	72	17	NO	SI
77	73	ADRIÁN SÁNCHEZ VÁZQUEZ	m	00:38:22	00:38:15.450	03:50	00:12:15.670	00:19:00.780	00:31:35.000	SÉNIOR	73	24	NO	SI
78	150	KIKO LAGO SANTIAGO	m	00:38:23	00:38:19.440	03:50	00:12:05.690	00:18:48.000	00:31:35.010	M/F 40	74	16	NO	SI
79	94	ABEL NOGUEIRA LÓPEZ	m	00:38:24	00:38:10.410	03:50	00:12:30.370	00:19:19.830	00:31:52.900	SÉNIOR	75	25	NO	SI
80	42	VICTOR IGNACIO SANDE CHARLON	m	00:38:27	00:38:24.450	03:51	00:12:19.480	00:19:07.250	00:31:39.060	SUPERVETERANOS	76	2	NO	SI
81	186	AVELINO CAAMANO NIETO	m	00:38:32	00:38:28.410	03:51	00:12:06.480	00:18:53.420	00:31:40.450	M/F 40	77	17	NO	SI
82	68	CARLOS BUSTO LOBATO	m	00:38:32	00:38:27.360	03:51	00:12:46.130	00:19:22.480	00:31:49.560	M/F 50	78	3	NO	SI
83	95	MARTIN FRAGA CHAN	m	00:38:34	00:38:29.940	03:51	00:12:07.380	00:18:55.860	00:31:44.670	SÉNIOR	79	26	NO	SI
84	43	ANGEL JOSE RODRIGUEZ LOPEZ	m	00:38:44	00:38:38.540	03:52	00:12:29.190	00:19:19.830	00:31:49.740	SUPERVETERANOS	80	3	NO	SI
85	198	MANUEL FIGUEIRA PEREZ	m	00:38:51	00:38:45.480	03:53	00:12:38.310	00:19:24.520	00:32:04.070	M/F 45	81	13	NO	SI
86	148	CESAR VÁZQUEZ AGRA	m	00:38:53	00:38:49.740	03:53	00:12:37.710	00:19:26.960	00:32:06.900	M/F 40	82	18	NO	SI
87	222	JOSÉ RAMÓN RODRÍGUEZ GONZÁLEZ	m	00:38:58	00:38:53.630	03:54	00:12:16.670	00:19:06.470	00:31:58.530	M/F 45	83	14	NO	SI
88	230	SAMUEL JOSE VEIGA IGLESIAS	m	00:39:02	00:38:59.230	03:54	00:12:05.190	00:18:36.500	00:31:57.540	M/F 50	84	4	NO	SI
89	154	SECHO FIGUEIRAS BLANCO	m	00:39:02	00:38:57.170	03:54	00:12:31.230	00:19:26.700	00:32:17.560	M/F 40	85	19	NO	SI
90	104	ALBERTO GONZÁLEZ SUÁREZ	m	00:39:03	00:38:57.050	03:54	00:12:33.150	00:19:25.340	00:32:14.160	M/F 35	86	18	NO	SI
91	78	ALEX RODRIGUEZ LIAS	m	00:39:04	00:38:58.410	03:54	00:12:28.550	00:19:23.370	00:32:15.020	SÉNIOR	87	27	NO	SI
92	155	ALFREDO FERREIRO DEAÑO	m	00:39:07	00:39:02.350	03:55	00:12:32.670	00:19:25.220	00:32:14.880	M/F 40	88	20	NO	SI
93	151	MANUEL COSTA CASTRO	m	00:39:11	00:39:07.360	03:55	00:12:31.790	00:19:25.570	00:32:16.200	M/F 40	89	21	NO	SI
94	107	MARCOS FERNANDEZ CASAL	m	00:39:11	00:39:06.330	03:55	00:12:39.990	00:19:29.300	00:32:16.430	M/F 35	90	19	NO	SI
95	103	BENJAMIN COSTA FERNÁNDEZ	m	00:39:12	00:39:07.950	03:55	00:12:30.310	00:19:23.160	00:32:15.800	M/F 35	91	20	NO	SI
96	57	FERNANDO VILAR	m	00:39:13	00:39:06.900	03:55	00:12:41.020	00:19:30.470	00:32:23.740	M/F 40	92	22	NO	SI
97	138	JUAN CARLOS BRANDON RODRIGUEZ	m	00:39:14	00:39:09.630	03:55	00:12:29.430	00:19:23.980	00:32:15.520	SUPERVETERANOS	93	4	NO	SI
98	109	MARCOS FERREIRO	m	00:39:14	00:39:08.560	03:55	00:12:31.370	00:19:26.280	00:32:30.520	M/F 35	94	21	NO	SI



















### CLASIFICACIÓN OFICIAL CARREIRA 10K

PTO	DOR	NOMBRE	SEXO	T.OFICIAL	T.NETO	RITMO	T.KM 3.3	T.VUELTA1	T.KM 8.3	CATEGORÍA	P. SEX	P.CAT	LOCAL	GALEGO
442	434	JUAN CARLOS PAZ SANTOS	m	01:01:43	01:01:15.490	06:10	00:19:39.610	00:29:56.340	00:50:59.650	M/F 45	387	68	NO	SI
443	501	SALOMÉ MIRAMONTES MIRÁS	f	01:01:51	01:01:27.460	06:11	00:19:58.130	00:30:42.890	00:51:35.480	M/F 40	56	18	NO	SI
444	340	JOSE ANGEL LORENZO RIVEIRO	m	01:02:20	01:02:00.220	06:14	00:19:42.280	00:29:54.580	00:50:59.310	M/F 45	388	69	NO	SI
445	495	AURORA YENIL VARELA CABRERA	f	01:02:20	01:02:00.950	06:14	00:19:17.950	00:29:54.680	00:51:00.550	M/F 40	57	19	NO	SI
446	421	SERGIO PORTO CALVO	m	01:02:23	01:02:00.720	06:14	00:20:19.830	00:31:07.520	00:51:49.270	M/F 40	389	94	NO	SI
447	378	VALENTIN FERRER FERNÁNDEZ	m	01:03:40	01:03:18.650	06:22	00:19:21.000	00:30:30.190	00:52:25.450	SÉNIOR	390	73	NO	SI
448	440	ANTONIO JESUS CHACON MARTIN	m	01:03:52	01:03:30.900	06:23	00:19:28.310	00:30:34.640	00:52:14.130	M/F 50	391	33	NO	SI
449	366	JOSE RODRÍGUEZ LOPEZ	m	01:03:57	01:03:40.560	06:24	00:19:43.300	00:30:52.500	00:52:44.280	M/F 50	392	34	SI	SI
450	389	JOSE MANUEL GARCIA CACABELOS	m	01:14:55	01:14:31.560	07:30	00:24:04.370	00:36:56.930	01:01:52.820	SUPERVETERANOS	393	45	NO	SI
DNF	285	MONCHO FERRACES VÁZQUEZ	m				00:15:05.360	00:23:37.680		SUPERVETERANOS	-1	-1	NO	SI
DNF	370	CARLOS MARTINEZ MAYO	m				00:11:36.110	00:17:58.650		SÉNIOR	-1	-1	SI	SI
DNF	64	JOSE MANUEL TROITIÑO BOUZA	m				00:12:19.790	00:19:06.970	00:31:38.030	M/F 45	-1	-1	NO	SI
DNF	70	JOSE BARDANCA PALLAS	m				00:12:19.470			SÉNIOR	-1	-1	NO	SI
DNF	424	TOMÁS ROMERO GUZMÁN	m				00:19:44.250	00:30:53.480	00:52:46.190	M/F 40	-1	-1	SI	SI
DNF	453	AMANDA BRAVO	f				00:17:24.680	00:27:37.760		SÉNIOR	-1	-1	NO	SI
DNF	490	ELVIRA TRESGUERRAS GONZÁLEZ	f				00:27:39.360	00:42:55.470	01:10:41.220	SUPERVETERANOS	-1	-1	NO	SI